



# Programme

## 12TH ANNUAL CONGRESS

*Cyprus Ophthalmological Society*

19 - 20 November 2022

Amathus Beach Hotel, Limassol

Under the auspices of:



Republic of Cyprus  
Ministry of Health





# ΕΠΙΛΕΞΤΕ ΘΕΡΑΠΕΙΑ ΜΕ ΠΡΟΟΠΤΙΚΗ

Άμεσα, σημαντικά οπτικά οφέλη, με διάρκεια στα 2 έτη, με το δοσολογικό σχήμα  
“Θεραπεία & Επέκταση”<sup>1</sup>



<sup>1</sup>ALTAR (Ohji, M., et al., Adv Ther (2020) 37:1173–1187)



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Βοηθήστε να γίνουν τα φάρμακα πιο ασφαλή και  
Αναφέρετε  
ΟΛΕΣ τις ανεπιθύμητες ενέργειες για  
ΟΛΑ τα φάρμακα  
Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»

Για την Περίληψη Χαρακτηριστικών Προϊόντος  
σαρώστε τον κωδικό QR



Για περισσότερες πληροφορίες απευθυνθείτε στην εταιρεία Bayer Hellas.





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VIZ Rx

# VIZhyal

For moderate to severe dry eyes & post-surgery.



## Vizulize & VIZ Rx Experts in Eye Care

Founded in 2005, EM Pharma is a key player in the ophthalmology sector with its extensive Eye Care & Contact Lens Care product ranges.

Our Vizulize range makes it easy for you to look after your eyes by offering the latest innovative products to soothe, protect and care for them every day.

Our VIZ Rx ocular lubricant range is designed to be a cost-effective option for the treatment of mild, moderate and severe dry eyes.



**COSTAS PAPAELLINAS ORGANIZATION**  
Cyprus Pharmaceutical Organization Ltd

The Cyprus Ophthalmological Society is happy to welcome you to its 12th Annual Congress, at the Amathus Hotel in Limassol, on 19 - 20 November 2022.

Several well renowned international speakers will give lectures on various topics including neuro ophthalmology, uveitis, ocular genetics, and ocular oncology and more - giving us the opportunity to update our knowledge and discuss the latest advances of our field.

Looking forward to seeing you at the Congress which I am sure you will find particularly interesting.

Dr. Sophocles Sophocleous  
*Congress Chair*

### Organizing Committee

Sophocleous Sophocles, Chair  
Kontou Eleni  
Loukianou Eleni  
Nestoros Nestor

### Congress Organizer



#### About CYOS

The Cyprus Ophthalmological Society was founded in 1970.

The Company's aims and objectives is for promoting knowledge about eye diseases to its members, the medical world in general and for the benefit of the general public, as well as achieving the best scientific and professional conditions for its members. Also, the specialty of Ophthalmology is preserved and maintained at a high level.

<https://www.cyos.org/>

# Acuaiss

DUAL GEL

## Gel drops for moderate to severe symptoms of dry eyes



10 ml  
15 units per box

20 x 0.35 ml  
10 units per box

**Acuaiss Dual Gel** relieves moderate to severe symptoms of dry eyes, providing a pleasant sensation of freshness and comfort. This artificial drop comes in gel form with a liquid base and viscous texture to hydrate the cornea and lubricate contact lenses. The two wetting agents in this formula are complementary and work together to produce a **DUAL EFFECT**. The **Hyaluronic acid** is able to retain up to 6000 times its weight in water, while **hydroxyethyl cellulose** is a natural plant-based thickener, working to form a protective barrier over the surface of the eye and also enhance the stability of the formula.

### Indications

• Acute symptoms of moderately to severely dry eyes, including itchy, watery or tired eyes and foreign body sensation • Lagophthalmos • Dryness caused by certain treatments or health conditions • Post-operative treatments • Dry eye linked to hormonal disorders (such as menopause) • Users of ortho-K lenses • Contact lens users

#### Innovative formula with two wetting agents

0.30% hyaluronic acid and 0.10% hydroxyethyl cellulose to achieve intense long lasting hydration.

#### Very easy to apply

**Does not cause blurred vision**

#### For day and night-time use

**Lasts longer in the eye than conventional drops,** meaning it can be applied less frequently.

#### Hypotonic formula

Balancing the excess salts in tears affected by dry eye.

#### Phosphate-free

To prevent calcium deposits from building up in contact lenses

#### Compatible with contact lenses

Can be applied whilst wearing them.

**Helps to make wearing contact lenses more comfortable,** as it significantly reduces friction.





## Saturday 19 November 2022

08:30 - 09:00	Registrations
Moderators	Savvas Hadjiraftis, Georgina Hadjilouca
Time	Presentation
09:00 - 09:30	5 Neurophthalmology diagnosis you cannot afford to miss Andrew G. Lee
09:30 - 10:10	How to investigate nystagmus in a child and an adult Maria Theodorou
10:10 - 11:00	Ocular signs of pediatric life-threatening disease Alex V. Levin
11:00 - 11:10	Opening Remarks Sophocles Sophocleous, Congress Chair Andreas Kontos, President of the Cyprus Ophthalmological Society
11:10 - 11:40	Opening of Exhibition and Coffee Break
Moderators	Eleni Kontou, Charis Antoniou
Time	Presentation
11:40 - 12:15	Pediatric Ocular Tumors Maria Pefkianaki
12:15 - 13:00	Satellite Symposium: <ul style="list-style-type: none"> <li>• Presbyopia Correction IOLs - Pearls &amp; Pitfalls Ramza Diamanti</li> <li>• Περιεχειρητική ξηροφθαλμία και τρόποι αντιμετώπισης Θεοφάνης Λιάζος</li> </ul>
13:00 - 14:30	Lunch Break (Kalypso Restaurant)
Moderators	Nestor Nestoros, Christina Economou
Time	Presentation
14:30 - 15:00	Neurophthalmology of spaceflight Andrew G. Lee
15:00 - 15:20	Topic on Adult Ocular Oncology Maria Pefkianaki





15:20 - 15:50	5 easy steps in unexplained visual field loss Andrew G. Lee
15:50 - 16:20	Coffee Break
Moderators	Panayiota Tsimpri, Christoforos Stylianou
Time	Presentation
16:20 - 16:25	Απόφραξη φλέβας αμφιβληστροειδούς και τρόποι αντιμετώπισης στα πρώιμα στάδια (πριν φτάσουμε στο οίδημα) Maria Stavropoulou
16:25 - 17:25	Top tips of managing pediatric uvetis Alex V. Levin
17:25 - 17:55	Lecture for Wet Lab (open to everyone)
17:55 - 18:55	Wet Lab – Implantation of Ahmed Valves (registration at additional cost required)
20:00	Official Congress Dinner





# ΔΙΑΧΕΙΡΙΣΗ ΤΗΣ ΞΗΡΟΦΘΑΛΜΙΑΣ

Η περιεχειρητική ξηροφθαλμία μπορεί να περιορίσει την επιτυχία του χειρουργείου και την ικανοποίηση του ασθενούς.<sup>1,2</sup>

**Systane<sup>TM</sup> HYDRATION**  
**ΧΩΡΙΣ ΣΥΝΤΗΡΗΤΙΚΑ**  
για **ΜΑΚΡΑΣ ΔΙΑΡΚΕΙΑΣ**  
**ΑΝΑΚΟΥΦΙΣΗ:**<sup>3-5</sup>

- **ΠΡΟΣΤΑΤΕΥΕΙ ΤΗΝ ΟΦΘΑΛΜΙΚΗ ΕΠΙΦΑΝΕΙΑ**<sup>6\*</sup>
- **2 ΦΟΡΕΣ ΜΕΓΑΛΥΤΕΡΗ ΔΙΑΤΗΡΗΣΗ ΤΗΣ ΕΝΥΔΑΤΩΣΗΣ**<sup>3\*</sup>

**ΜΕ 2 ΣΤΑΓΟΝΕΣ, ΤΙΠΟΤΑ ΔΕ ΣΕ ΣΤΑΜΑΤΑ!**



\*than HA alone \*Compared to other HA containing drops tested in the study  
Ιατροτεχνολογικό προϊόν CE 0123.

Παρακαλούμε συμβουλευτείτε τις οδηγίες χρήσης, τις προφυλάξεις, προσοχή στη χρήση και αντενδείξεις του προϊόντος.

**Παραπομπές:** **1.** Chuang J et al. J Cataract Refract Surg.2017;43:1596-1607. doi:10.1016/j.jcrs.2017.10.033. **2.** Gibbons A, et al. Clin Ophthalmol. 2016; 10:1965-1970. **3.** Rangarajan R et al. J Ocul Pharmacol Ther.2015; 31:491-497. **4.** Davitt WF et al. J Ocul Pharmacol Ther. 2010; 26: 347-353. **5.** Rolando M et al. J Ocul Pharmacol Ther.2009; 25:271-278 **6.** Carlson E et al. J Ocul Pharmacol Ther.2018; 34:360-364



## Sunday 20 November 2022

<b>Moderators</b>	Savvas Christou, Yiannis Kyprianou
<b>Time</b>	<b>Presentation</b>
09:30 - 10:00	5 visual field rules and how not to miss the brain tumor <b>Andrew G. Lee</b>
10:00 - 11:00	How ocular genetics is changing our world <b>Alex V. Levin</b>
11:00 - 11:30	<b>Coffee Break</b>
11:30 - 11:40	The Biobank of Cyprus and prospects for Ophthalmogenetics research and diagnostics <b>Constantinos Deltas</b>
11:40 - 12:20	Cranial nerve palsies 3,4 and 6th for the general ophthalmologist <b>Maria Theodorou</b>
12:20 - 13:40	Short presentations Visual outcomes of macula-off retinal detachment <b>Andreas Kontos</b> Case Presentation <b>Petros Tsaggaris</b> Myopia, Etiopathology, The Role of The Environment <b>Eleni Loukianou</b> Myasthenia the great mimic <b>Marina Syrimi</b> Retinal Emergencies for the General Ophthalmologist <b>Tasos Georgiou</b> Orthokeratology and Myopia Management <b>Kyriakos Telemitsis</b> Injectables for Strabismus <b>Sophocles Sophocleous</b> Improving astigmatism outcomes in cataract surgery <b>Esther Papamichael</b> Extranodal marginal zone lymphoma of mucosa associated lymphoid tissue <b>Waleed Shokr</b> Extranodal marginal zone lymphoma of mucosa-associated lymphoid tissue <b>Samah Sassi</b>
13:40 - 14:40	General Assembly of the Cyprus Society of Ophthalmology





## INNOVATIVE SEVEN-ROLLER MECHANISM

- + Precise fluidics
- + Pulsatile-free
- + Quick vacuum rise
- + Versatile performance

# PERFORMANCE IN EVERY DETAIL



**Superior chamber stability through superior engineering.<sup>†1,2</sup>  
That's the Centurion® Effect.**

### Active Fluidics™ Technology

- Helps to Maintain Chamber Stability: Detects and compensates to help provide superior chamber stability<sup>3</sup> compared to INFINITI<sup>®2</sup>
- Less Surge: Less surge at any tested vacuum level<sup>3,4</sup>
- More Consistent IOP<sup>4</sup> : Up to 80% less surge area<sup>3,4</sup>

**Contact your Alcon representative to schedule a demonstration and experience the Centurion® Effect for yourself.**

For more information, please refer to the Centurion® Vision System User Manual

<sup>†</sup>As compared to the INFINITI® Vision System, bottle gravity system.

1. Lorente R, Fanney D, Injev V, Sharif-Kashani P. Quantification of occlusion break surge in peristaltic-based phacoemulsification systems. ASCRS-ASOA Symposium and Congress; April 25-29, 2014; Boston, USA. 2. Nicoli M, Miller K, Dimalanta R, Loke D; Jules Stein Eye Institute, UCLA. IOP Stability Measurement and Comparison Between Gravity-Fed and Actively Controlled Phacoemulsification Systems. 2014. 3. Sharif-Kashani P, Fanney D, Injev V. Comparison of occlusion break responses and vacuum rise times of phacoemulsification systems. *BMC Ophthalmol.* 2014;14:96. 4. Alcon data on file. Concept drawing, September 2015.

**Alcon**

 Centurion  
VISION SYSTEM



**Advancing**  
CATARACT SURGERY



# ΤΕΡΜΑ

στο κοκκίνισμα των ματιών



ΣΥΝΤΗΡΗΤΙΚΟ  
ΛΑΚΤΟΦΕΡΡΙΝΗ

Διπλή δράση για την ανακούφιση  
των συμπτωμάτων ξηροφθαλμίας  
που συνδέονται με φλεγμονή



# NAVI® NaCl

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Υπερτονικό διάλυμα για την ανακούφιση των συμπτωμάτων που σχετίζονται με οίδημα του κερατοειδούς

MEDICAL DEVICE  
CLASS II A



- ✓ Παρέχει προσωρινή ανακούφιση των συμπτωμάτων του οιδήματος
- ✓ Βελτιώνει τη λίπανση του ματιού
- ✓ Διατηρεί φυσιολογικό το πάχος του κερατοειδούς
- ✓ Χωρίς συντηρητικά





**Andrew G. Lee, MD**

Herb and Jean Lyman Centennial Chair in Ophthalmology / Professor of Ophthalmology, Neurology, and Neurosurgery, Weill Cornell Medicine / Clinical Professor of Ophthalmology, UTMB Galveston, Texas A and M College of Medicine, and the UT MD Anderson Cancer Center / Adjunct Professor of Ophthalmology, Baylor College of Medicine, the University of Buffalo, and the University of Iowa Hospitals and Clinics

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**Alex V. Levin, MD, MHSc, FAAP, FAAO, FRCSC**

Adeline Lutz - Steven S.T. Ching, M.D. Distinguished Professorship in Ophthalmology / Chief, Pediatric Ophthalmology and Ocular Genetics, Flaum Eye Institute / Chief, Clinical Genetics, Golisano Children's Hospital and University of Rochester Medical Center

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**Maria Pefkianaki, MD MSc MPH PhD FEBO**

Director Ocular Oncology Center, HYGEIA- MITERA Hospitals / Head Ocular Oncology Department, OMMA Eye Institute

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**Maria Theodorou, MD**

Consultant Ophthalmologist (Paediatric Ophthalmology, Strabismus and Nystagmus), Moorfields Eye Hospital, UK

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## Speakers of Short Presentations (in alphabetical order)

| 15

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**Constantinos Deltas**, Professor of Medical and Molecular Genetics, School of Medicine, University of Cyprus / Director of biobank.cy, Center of Excellence in Biobanking and Biomedical Research

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**Tassos Georgiou** MBChB, MRCOphth, Ophthalmos Research and Educational Institute, European Medical School

---

**Andreas Kontos** BSc (hons), MBChB (hons), FRCOphth (London), CCT (UK), Ophthalmic and vitreoretinal surgeon, President of the Cyprus Ophthalmological Society

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**Eleni Loukianou** MD, MSc, PhD, Consultant Ophthalmic Surgeon

---

**Esther Papamichael**, Cornea Consultant at the Royal Free London

---

**Somah Sassi**, Medical Student at the European University of Cyprus

---

**Waleed Shokr**, Medical Student at the European University of Cyprus

---

**Sophocles Sophocleous**, Consultant Ophthalmologist, Specializing in Pediatric Ophthalmology and Strabismus, President of Academic Committee of the Cyprus Ophthalmological Society

---

**Marina Syrimi**, Consultant Ophthalmic Surgeon For Adults and Children, Adult and Paediatric Strabismus

---

**Kyriakos Telemitsi**, Specialty Contact Lens Designer (CUSTOM), Keratoconus, Multifocal, Ortho-K. FSLs Surgeon, Adult and Paediatric Cataract Surgeon, Ygia Polyclinic Private Hospital

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**Peter Tsangaris**, Ophthalmologist, Vitreoretinal & Cataract Surgeon, Ygia Polyclinic Private Hospital

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# VISIONLUX<sup>®</sup>

## PLUS

ΟΦΘΑΛΜΙΚΕΣ ΣΤΑΓΟΝΕΣ

### ΓΙΑ ΤΗ ΘΕΡΑΠΕΙΑ ΤΗΣ ΣΟΒΑΡΗΣ ΞΗΡΟΦΘΑΛΜΙΑΣ:

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- Περιέχει ένα μοναδικό, ασφαλές και βιοσυμβατό σύστημα συντηρητικών
- Το VISIONLUX<sup>®</sup>PLUS είναι συμβατό με όλους τους τύπους φακών επαφής.
- Αφού ανοιχθεί το φιαλίδιο, το διάλυμα πρέπει να χρησιμοποιηθεί εντός 90 ημερών.







# Bepanthen® Eye Drops

## Λιπαίνει, Ενυδατώνει, Προστατεύει τα ξηρά μάτια<sup>1</sup>

Κατάλληλο για χρήση έως και **1 χρόνο** μετά το πρώτο άνοιγμα<sup>1</sup>

Κατάλληλο για:

- Ασθενείς που αντιμετωπίζουν ξηροφθαλμία μετά από επέμβαση στα μάτια<sup>3,5</sup>
- Άτομα που περνούν μεγάλα χρονικά διαστήματα μπροστά σε οθόνες<sup>1,3</sup>
- Χρήστες όλων των τύπων φακών επαφής<sup>1,3</sup>
- Ηλικιωμένους<sup>4</sup>
- Γυναίκες στην εμμηνόπαυση και στην κύηση λόγω ορμονικών διαταραχών<sup>4</sup>
- Ξηροφθαλμία που οφείλεται σε χρήση φαρμακευτικής αγωγής<sup>4</sup>

Με προβιταμίνη B<sub>5</sub> και υαλουρονικό νάτριο<sup>1</sup>

Χωρίς συντηρητικά<sup>1</sup>

Χωρίς φωσφορικό ρυθμιστικό διάλυμα<sup>2</sup>

### Καινοτόμος συσκευασία με ειδικό σύστημα στείρου φίλτρου



Με φίλτρο ροής αέρα εντός της φιάλης για αποφυγή μόλυνσης του υπολειπόμενου προϊόντος



Με εσωτερικό μηχανισμό που κλείνει μετά από κάθε χρήση απελευθερώνοντας μια σταγόνα κάθε φορά

1. Οδηγίες Χρήσης Bepanthen® Eye Drops  
 2. Σύνθεση Προϊόντος Bepanthen® Eye Drops  
 3. Causes of Dry Eye. National Eye Institute. Accessed 04.08.2020. <https://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/dry-eye/causes-dry-eye>  
 4. Gayton JL. Etiology, prevalence, and treatment of dry eye disease. Clin Ophthalmol. 2009;3:405-412  
 5. Milicic N. et al. Corneal epithelialization after photorefractive keratectomy using sodium hyaluronate/dexpanthenol preservative free eye drops, ESCRS Barcelona 2015

Συμβουλευτείτε τις Οδηγίες Χρήσης που εσωκλείονται πριν τη χρήση του προϊόντος.

CH-20220607-41

Από την

# Bepanthol®



### **Information & Registration Desk**

All participants must register. A Registration Desk will be operating throughout the duration of the conference. The Registration Desk will also be operating as an Information Desk for any information or assistance participants may require during the conference.

### **Registration Fees**

Registration Fees include attendance to all sessions, access to the exhibition area, coffee breaks, Lunch, Dinner, conference material and certificate of attendance.

### **Exhibition Area**

An exhibition will be running throughout the duration of the conference.

### **Language**


English

### **Gala Dinner**

The Gala Dinner will take place at the 'Pyxida Fish Restaurant', Limassol Marina, on Saturday 19<sup>th</sup> of November at 20:00.

### **Continuing Medical Education**

The Congress Programme has been accredited by the Cyprus Medical Association for 7 CME credits. A certificate of participation will be sent electronically to all attendees following the completion of the Congress.







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# FEEL THE JOY OF NOTHING



FEELS LIKE NOTHING™  
EVEN AT DAY 30<sup>1</sup>

\*Eye exam may be required. Professional fees may apply.

Reference: 1. In a clinical study wherein patients (n=66) used ACOSEPT® solution for nightly cleaning, disinfecting, and storing; Alcon data on file, 2021.

Consult your eye care professional for wear, care, precautions, warnings, contraindications and adverse effects.

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**Alcon** VHPHADJIPANAYIS





AcrySof IQ Vivity® | Extended Vision IOL  
Toric Extended Vision IOL

# Simplifying Presbyopia Correction<sup>1-9</sup>

The **First and Only** presbyopia-correcting IOL  
with wavefront-shaping technology and a  
**clinically proven exceptionally low rate  
of visual disturbances<sup>1-4</sup>**

See the difference it can make for  
your patients.

**References:** **1.** AcrySof® IQ Vivity® Extended Vision IOL Directions for Use. **2.** Alcon Data on File, US Patent 9968440 B2, May 15, 2018. **3.** Alcon Data on File, TDOC-0055575, 09 Apr 2019. **4.** Alcon Data on File, TDOC-0055576, 23-Jul-2019. **5.** Alcon Data on File, TDOC-0056718, 18-Jun-2019. **6.** Ligabue E, et al. ACRYSOF IQ VIVITY: Natural vision at a range of distances provided by a novel optical technology. *Cataract & Refractive Surgery Today*, April 2020 // **7.** Alcon Data on file, A02062-REP-043696, Optical Evaluations of Alcon Vivity®, Symfony®, Zeiss® AT LARA® AT USA IOLs, Feb 2020. **8.** Lawless M. *Insight news*. "An IOL to change the cataract surgery paradigm?" available at "<https://www.insightnews.com.au/an-iol-to-change-the-cataract-surgery-paradigm/>". Accessed Date 17.07.2020. **9.** Ike K. Ahmed, et al. The Vivity Extended Depth of Focus IOL: Our Clinical Experience. *Cataract & Refractive Surgery Today*, February 2021//

Please refer to product direction for use for complete list of indications, contraindications and warnings.

**Alcon**



AcrySof IQ Vivity® | Extended Vision IOL  
Toric Extended Vision IOL



**Advancing**  
CATARACT SURGERY